

The background is black with a white starburst pattern of dots and splatters. Overlaid on this are several large, overlapping, semi-transparent geometric shapes in bright colors: a large magenta triangle pointing downwards from the top left, a large yellow triangle pointing upwards from the bottom left, and a blue triangle pointing downwards from the bottom left. These shapes overlap each other and a central yellow and blue diagonal line that runs from the bottom left towards the center.

FREEDOM IN CHRIST

FOR YOUNG PEOPLE AGED 15-18

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WELCOME TO
FREEDOM IN CHRIST

FOR YOUNG PEOPLE AGED 15-18

INTRODUCTION

TO FREEDOM IN CHRIST FOR YOUNG PEOPLE



HELLO AND WELCOME TO FREEDOM IN CHRIST FOR YOUNG PEOPLE. THIS IS AN AMAZING COURSE THAT WILL CHANGE YOUR LIFE. JESUS CAME TO EARTH AND LIVES TODAY TO SET YOU FREE AND SEE YOU REACH YOUR POTENTIAL TO BE ALL THAT HE HAS MADE YOU TO BE. THIS COURSE IS ABOUT CONNECTING WITH THE AMAZING TRUTH IN THE BIBLE ABOUT WHO YOU ARE AND HOW TO DEAL WITH STUFF THAT CAN HOLD YOU BACK IN YOUR RELATIONSHIP WITH GOD.

This accompaniment is your guide throughout the course. Use it alongside each session to help you get your head around what is being talked about and explored. There are loads of parts to it – important Bible verses, challenges, prayers for you to pray, questions and a journal section each week to write down how the truth is affecting your everyday life and space to write and grapple with questions.

We hope and pray that you get so much out of this course and you get to know God loads better. May you know the truth that will set you free.

* NOTE - If you are using this in the USA you will notice that there are a few different spellings!

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KEY TRUTHS

1. WHO WAS I?

WHAT'S THE POINT?

- God designed us to be secure, significant and accepted and we often search for these things in the wrong places.
- When Adam and Eve messed up they lost spiritual life which had given them security, significance and acceptance. Jesus, through his life, death and resurrection, came to restore this to us.
- When we become Christians we automatically become secure, significant and accepted in Jesus even if sometimes it doesn't feel like it.



KEY VERSE

**I HAVE COME THAT THEY MAY
HAVE LIFE, AND HAVE IT TO
THE FULL.**

JOHN 10:10



JOURNAL



What the Bible says about who we are in Christ is amazing. What are the truths on the next two pages that particularly stand out to you? Spend this week's journal page writing down the truths that mean the most and how they make you feel.

A large white rectangular area with a blue border, containing horizontal dashed lines for writing.



TRUTHS SECTION

I AM SIGNIFICANT

I am no longer worthless, inadequate, helpless or hopeless. In Christ I am deeply significant and special. God says:

I have been chosen and appointed by God to change the world around me. (John 15:16)

I am a temple of God where God's Holy Spirit lives. (1 Corinthians 3:16)

I am a minister of 'making peace' for God. (2 Corinthians 5:17-21)

I am God's workmanship, created for good works. (Ephesians 2:10)

I may approach God with freedom and confidence. (Ephesians 3:12)

I can do all things through Christ who strengthens me! (Philippians 4:13)

I am part of God's family and I have my role to play. (1 Corinthians 12:27)

I AM SECURE

I am no longer guilty, unprotected, alone or abandoned. In Christ I am totally secure. God says:

I am assured that in every circumstance God works for my good. (Romans 8:28)

I am free from any guilty charges against me from God. (Romans 8:31-34)

I cannot be separated from the love of God. (Romans 8:35-39)

I am sure that the good work God has begun in me will be perfected. (Philippians 1:6)

I am a citizen of heaven. (Philippians 3:20)

I am kept safe with Christ in God. (Colossians 3:3)

I am a child of God and I am safe from any evil. (1 John 5:18)

I AM ACCEPTED

I am no longer rejected, unloved or dirty. In Christ I am completely accepted. God says:

I am God's child. (John 1:12)

I am Jesus' chosen friend. (John 15:15)

I am holy and acceptable to God. (Romans 5:1)

I am a saint, a holy person. (Ephesians 1:1)

I have been forgiven for all the things I've done wrong. (Colossians 1:14)

I am complete in Christ. (Colossians 2:10)



QUESTION FOR NEXT WEEK



IMAGINE THAT YOU'RE TALKING TO SOMEONE WHO IS NOT A CHRISTIAN. CAN YOU THINK OF A SHORT WAY TO SHARE YOUR FAITH IN A FEW SENTENCES? COME PREPARED TO SHARE YOUR SENTENCES NEXT WEEK.